



MAINTAINING WORK/LIFE BALANCE

THE CAMBERYARD CHECKLIST

Consider the following when planning your work schedule:

- How many hours are you currently working a week?
- Of these hours, how many are outside of your scheduled work day?
- Are you checking work e-mails after office hours?
- When was the last time you prioritised your friends?
- When was the last time you prioritised your family?
- When was the last time you indulged in a hobby?
- Is your current schedule making you happy?

Remember, if you need help balancing your desired lifestyle with building your business, we at Camberyard would love to hear from you.

C A M B E R Y A R D

THE DESIGNERS' ADVISOR